



Training Conferences 2010

Saturday, April 17, 2010

The Highlander Inn

2 Highlander Way

Manchester, NH 03103

8:30am - 4:30pm

Saturday, June 5, 2010

Common Man Inn

231 Main Street

Plymouth, NH 03264

8:30am - 4:30pm

Training and Registration Information

Registration Information

Pre-registration is required.

- * Registration for the NH MRC Training Conferences can be done online or on paper.
- * For paper registration, please complete page 5 of this packet and return to your MRC Coordinator or Alyson Cobb by mail at Community Health Institute, 501 South Street, 2nd Floor, Bow, NH 03304 or by fax at 603-573-3301.
- * For online registration, please go to www.NH.TRAIN.org. Log in using your TRAIN username and password OR register as a new user. If you have any technical difficulties while registering on NH TRAIN, please contact Thom Flynn at 603-271-7499.
- * Your final schedule will be provided the day of the conference.

Registration for the Manchester conference is due April 7th.

Registration for the Plymouth conference is due May 20th.

There is no fee to attend this conference.

Schedule of Events

8:30a.m. - 9:00a.m.	Registration and Breakfast
9:00a.m. - 9:30a.m.	Welcome and Opening Remarks
9:30a.m. - 11:30a.m.	Morning Training Sessions
11:30a.m. - 12:30p.m.	Lunch
12:30p.m. - 4:30p.m.	Afternoon Training Sessions

Questions?

If you have any questions about the training conferences, please feel free to contact any of the following:

- * Your MRC Coordinator
Alyson Cobb, AmeriCorps VISTA Member, at 603-576-3319 or acobb@jsi.com
- * Curtis Metzger, State MRC Coordinator, at 603-223-3620 or curtis.metzger@hsem.nh.gov

Training Descriptions

Psychological First Aid (4 hours) ★

PFA is an emerging intervention that can be used during the immediate response phase of any critical incident or disaster. Participants will be able to : recognize opportunities to use PFA, demonstrate active listening skills, normalize psychological reactions as appropriate, teach stress management techniques, recognize adaptive coping versus maladaptive coping, identify sources of interpersonal support, and use crisis communication techniques with individual disaster survivors and disaster workers.

Core Disaster Life Support (4 hours)

This course provides a brief overview of various emergency events ranging from natural and accidental man made events to biological and chemical events. In addition, participants will be able to recognize potential public health emergencies and their causes, risks, and consequences, list scene priorities of a mass casualty incident response, and describe pre-hospital and hospital medical components of a disaster incident response.

Family Emergency Preparedness Train-the-Trainer

(2 hours) ★

This training provides participants with the simple tools to help themselves and others to assess their current level of preparedness and to help set goals for furthering those efforts. Topics include the importance of personal preparedness, the barriers to planning for emergencies and disasters, assessing personal levels of preparedness, and creating a personal emergency preparedness plan for various emergencies including those which call for staying-in-place, evacuation, and connecting with loved ones.

MRC: Your Place in the Big Picture (2 hours)

This workshop will introduce you to the origin and development of the Office of the Civilian Volunteer Medical Reserve Corps (OCVMRC) in the Office of the Surgeon General, the national resources available including the website and MRC-TRAIN, and how federal deployment works.

Training descriptions continued on next page.



Training fulfills NH core competency requirement.

American Red Cross Partner Agency Shelter Operations Workshop (2 hours)

This workshop provides pre-incident training and orientation materials to partner agency shelter teams. Upon completion of this workshop, participants will be able to identify what services are involved in operating a shelter, describe the roles and responsibilities of each shelter operation position, describe important shelter resident information, assume responsibility for each shelter function, as well as know what shelter supplies are necessary and how those supplies can be obtained.

The Power of One: What you can do for your MRC (2 hours)

This session will help volunteers in marketing the MRC message to others in order to increase membership and public awareness of the organization. Strategies for volunteer engagement and retention will be presented as well as other common volunteer management strategies. This session is perfect for volunteers who would like to take a leadership role in the future or to help their unit through effective messaging during recruitment!

Standard Precautions (2 hours) ★

This session will provide participants with information regarding standard precautions including their purpose, recommended preventive processes and practices, and how these measures can help prevent the spread of infections. In addition, a focus will be put on scenarios and infections that are likely to present themselves in emergencies and disasters.



Training fulfills NH core competency requirement.



Training Conferences 2010 Volunteer Registration Form

Name _____ MRC Unit _____

Phone number: _____

E-mail _____

Which MRC Training Conference date/location would you like to attend?

April 17th at The Highlander Inn, Manchester, NH (Registration due by April 7th)

June 5th at the Common Man Inn, Plymouth, NH (Registration due by May 20th)

During the training conference, there will be the opportunity for you attend ONE 4-hour training and ONE 2-hour training or THREE 2-hour trainings. Descriptions of trainings can be found on pages 3 and 4 of this packet.

Are you interested in attending one of the 4-hour trainings? If so, please indicate which one.

Please rank the 2-hour sessions below on a scale of 1-5 in order of your preference with 1 being your first choice. We will try to get everyone in to their first choice but options may be limited due to availability.

Psychological First Aid

Family Emergency Preparedness Train-the-Trainer

Core Disaster Life Support

MRC: Your Place in the Big Picture

Neither longer training (Three 2-hour trainings)

American Red Cross Partner Agency Shelter Operations Workshop

The Power of One: What you can do for your MRC

Standard Precautions

Under ADA, please indicate if you require any special accommodations.

Breakfast, lunch, and an afternoon snack will be provided. Please indicate if you have any dietary concerns.

This registration form should be submitted to your MRC unit coordinator or Alyson Cobb at Community Health Institute, 501 South Street, 2nd Floor, Bow NH 03304 or by fax at 603-573-3301.

All registrations will be done on a first come, first serve basis.

Registration is also available online on www.NH.TRAIN.org

Your confirmed schedule will be given to you on the day of the conference.