

# the face of NH public health

Public health  
touches our lives  
every day.



Today, did you

...eat a healthy breakfast?

...brush your teeth with fluoridated water?

...buckle your seatbelt?

...strap your child into a child safety seat?

...take your child to a clinic for a checkup or immunization?

...expect the air you breathe to be clean and safe?

...fit physical activity into your daily routine?

...work in a safe environment?

...have your blood pressure checked at a  
community health screening?

...dine out at a restaurant, secure in the knowledge that it has  
been inspected?

...hear a message about how to prevent an infectious disease?

...learn about the impact of smoking and second-hand smoke?

...expect your community to be prepared in case  
of a disaster?

...talk to your kids about the risk of drugs and alcohol?

That's all the face of NH public health.

IMPROVING HEALTH,  
PREVENTING DISEASE,  
REDUCING COSTS *FOR ALL*



**Be Aware  
Be Prepared**

Capital Area Public Health Network

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