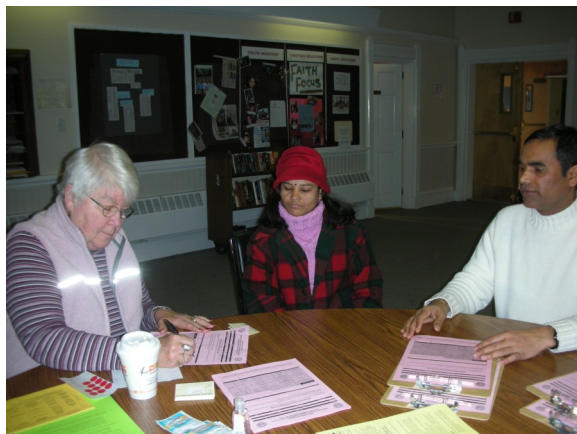


Who can be an MRC Volunteer?

During a public health emergency, volunteers with all backgrounds and abilities are needed. No medical background or training is required in order to be an MRC volunteer.

- ★ doctors ★ nurses ★ clergy ★
- ★ interpreters ★ pharmacists ★
- ★ retirees ★ IT specialists ★
- ★ veterinarians ★ first responders ★
- ★ social workers ★ teachers ★
- ★ childcare workers ★ students ★
- ★ mental health counselors ★
- ★ public health professionals ★
- ★ administrative personnel ★
- ★ lawyers ★ dentists ★
- ★ law enforcement ★
- ★ firefighters ★ EMT ★
- ★ others! ★



Capital Region Medical Reserve Corps

For more information contact:
MRC Coordinator
at

mrc@capitalareaprepares.com

Capital Region Medical Reserve Corps

Recruitment, training and maintaining MRC volunteers to support the public health and emergency preparedness missions for the CAPHN All Health Hazard Region

What is the Medical Reserve Corps (MRC)?

- ☆ A national organization that aims to organize and utilize volunteers.
- ☆ Goal: to promote healthy living and prepare for and respond to emergencies.

Why was the MRC founded?

- ☆ On September 11, 2001, thousands of spontaneous volunteers could not be used due to liability, training, and management issues.
- ☆ To ensure that volunteers would be able to help in times of need, the Secretary of Health and Human Services launched the MRC in July 2002.



How do MRC volunteers help in emergencies?

- ☆ Conducting assessments
 - ☆ Staffing vaccination clinics
 - ☆ Staffing emergency treatment centers
- State and national deployment opportunities are also available in the case of a large scale emergency.



How do MRC volunteers help their community everyday?

- ☆ Providing preventative health screenings
- ☆ Presenting at health education events
- ☆ Participating in exercises and drills to improve emergency response

What trainings are available to MRC volunteers?

- ☆ All trainings necessary will be provided to you free of charge by your unit.
- ☆ These trainings may include:
 - ☆ Introduction to Incident Command System
 - ☆ National Incident Management System
 - ☆ Personal Preparedness
 - ☆ Psychological First Aid
 - ☆ First Aid
 - ☆ CPR
 - ☆ Disaster Life Support
 - ☆ Sheltering
 - ☆ Any many more!

Some of these courses may also offer CEUs/CMEs!



The Capital Region MRC Unit covers the communities of:

Allenstown, Barnstead, Boscawen, Bow, Bradford, Canterbury, Chichester, Concord, Deering, Dunbarton, Epsom, Henniker, Hillsborough, Hopkinton, Loudon, Northwood, Pembroke, Pittsfield, Warner, Washington, Weare, Webster and Windsor